

Schedule for weekend sessions

in Rinpoche's presence:

Saturday	9.30–11 am	- Recitation of The Necklace of the Fortunate (Jorchö)
	11 am–12pm	- Lamrim teaching given by Venerable Dagpo Rinpoche*
	2–2.45 pm	- Study/reflection/meditation on the lamrim or welcome group
	3–5 pm	- Teaching given by Geshe Lobsang Tenzin la
	5.05–6 pm	- Question and answer session on the teachings or independent meditation
Sunday	10–10.55 am	- Recitation of the Ganden Lha Gyama
	11 am–12 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche*
	1.45–2.10 pm	- Question and answer session on the teaching or independent meditation
	2.10–4:10 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4.15–4.20 pm	- Dedication
	4.20 pm	- Tea, tidying up and cleaning

*Rinpoche's health permitting

in Rinpoche's absence:

Saturday	10 am–12 pm	- Recitation of <i>The Necklace of the Fortunate</i> (Jorchö)
	2–3 pm	- Meditation on the lamrim or concentration meditation
	3.15–5.15 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
Sunday	9–9.55 am	- Recitation of the <i>Ganden Lha Gyama</i>
	10 am–12 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1.45–2.45 pm	- Study programme session with tutor
	2.45–3.40 pm	- Study programme session without tutor
	3.50–3.55 pm	- Dedication
	4 pm	- Tea, tidying up and cleaning

The Institutes need your help!

The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,
INSTITUT BOUDDHISTE DU LAMRIM
Teachings given by Venerable Dagpo Rinpoche and other activities of the Institutes

July 2025–January 2026



Updated 30/06/2025 – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or <http://www.gandenling.org> or @GandenLing

Location of activities: Face-to-face activities can sometimes be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons. Access by “Chemin de la Passerelle” (only for pedestrians).
-Weekend sessions at Yiga Choedzin (temple in Veneux): Saturday & Sunday from 10 am to 6 pm
-Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10.30 am
-Upkeep (cleaning and gardening) of the Institutes: from 10 am to 5 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.
NB An English translation is only available for teachings!

JULY 2025: Please request Zoom connection codes the day before at the latest.

Tues 1, 8	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Thurs 3, 10	At home	Zoom, 7–8.00 pm: “ The little things that do us good ” with a Buddhist nun
Sun 6, 13, 20, 27	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Sat 19	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar
Monday 28	Info	Chökor Düchen

AUGUST 2025: Please request Zoom connection codes the day before at the latest.

Sun 3, 10, 17, 24	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Sat 23	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar
Sunday 31	Veneux/ At home	35 Confession Buddhas purification practice

SEPTEMBER 2025: Please request Zoom connection codes the day before at the latest.

Sun 7, 21, 28	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
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Sat 13–Sun 14	Veneux/ At home	Weekend session with study programme (see details p. 4).
Sat 27	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Tues 30	At home	Zoom, 7–7.45 pm: Training in concentration meditation
OCTOBER 2025: <i>Please request Zoom connection codes the day before at the latest.</i>		
Sun 5, 19, 26	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 7, 21	At home	Zoom, 7–8.30 pm: “Discover the Buddha’s teaching”
Thurs 9, 16, 23, 30	At home	Zoom, 7–8.00 pm: “The little things that do us good” with a Buddhist nun
Sat 11–Sun 12	Veneux/ At home	Weekend session with study programme (see details p. 4). Further details to come.
Tues 14, 28	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 25	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
NOVEMBER 2025: <i>Please request Zoom connection codes the day before at the latest.</i>		
Sun 2, 16, 23, 30	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 4, 18	At home	Zoom, 7–8.30 pm: “Discover the Buddha’s teaching”
Thurs 6, 13, 20, 27	At home	Zoom, 7–8.00 pm: “The little things that do us good” with a Buddhist nun
Sat 8–Sun 9	Veneux/ At home	1000 offerings to Arya Tara ritual
Tues 11	Info	Lhabab Düchen
Sat 22	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Tues 25	At home	Zoom, 7–7.45 pm: Training in concentration meditation
DECEMBER 2025: <i>Please request Zoom connection codes the day before at the latest.</i>		
Tues 2, 16	At home	Zoom, 7–8.30 pm: “Discover the Buddha’s teaching”
Thurs 4, 11, 18	At home	Zoom, 7–8.00 pm: “The little things that do us good” with a Buddhist nun
Sat 6	Veneux	Christmas sale
Sun 7, 21, 28	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 9, 23, 30	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 13–Sun 14	Veneux/ At home	Weekend session with study programme (see details p. 4) and celebration of Ganden Ngamchö on Sunday afternoon. Further details to come.
Sat 27	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
JANUARY 2026: <i>Please request Zoom connection codes the day before at the latest.</i>		
Sun 4, 18, 25	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 6, 20	At home	Zoom, 7–8.30 pm: “Discover the Buddha’s teaching”

Thurs 8, 15, 22, 29	At home	Zoom, 7–8.00 pm: “The little things that do us good” with a Buddhist nun
Sat 10–Sun 11	Veneux/ At home	Weekend session with study programme (see details p. 4). Further details to come.
Tues 13, 27	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 24	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar

The activities of the associations founded by Venerable Dagpo Rinpoche

The Congregation, Ganden Ling Institute, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.

The Buddhist Institute of the Lamrim is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Düchen.

The Guépèle Institute is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.

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