

## Schedule for weekend sessions

*in Rinpoche's presence:*

<b>Saturday</b>	9.30–11 am	- Recitation of The Necklace of the Fortunate (Jorchö)
	11 am–12pm	- Lamrim teaching given by Venerable Dagpo Rinpoche*
	2–2.45 pm	- Study/reflection/meditation on the lamrim or welcome group
	3–5 pm	- Teaching given by Geshe Lobsang Tenzin la
	5.05–6 pm	- Question and answer session on the teachings or independent meditation
<b>Sunday</b>	10–10.55 am	- Recitation of the Ganden Lha Gyama
	11 am–12 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche*
	1.45–2.10 pm	- Question and answer session on the teaching or independent meditation
	2.10–4:10 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4.15–4.20 pm	- Dedication
	4.20 pm	- Tea, tidying up and cleaning

\*Rinpoche's health permitting

*in Rinpoche's absence:*

<b>Saturday</b>	10 am–12 pm	- Recitation of <i>The Necklace of the Fortunate</i> (Jorchö)
	2–3 pm	- Meditation on the lamrim or concentration meditation
	3.15–5.15 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
<b>Sunday</b>	9–9.55 am	- Recitation of the <i>Ganden Lha Gyama</i>
	10 am–12 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1.45–2.45 pm	- Study programme session with tutor
	2.45–3.40 pm	- Study programme session without tutor
	3.50–3.55 pm	- Dedication
	4 pm	- Tea, tidying up and cleaning

### The Institutes need your help!

*The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.*



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,  
INSTITUT BOUDDHISTE DU LAMRIM  
**Teachings given by Venerable Dagpo Rinpoche and other activities of the Institutes**

July 2025–January 2026



**Updated 10/07/2025 – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or <http://www.gandenling.org> or @GandenLing**

**Location of activities:** Face-to-face activities can sometimes be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

**VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons.** Access by “Chemin de la Passerelle” (only for pedestrians).  
-Weekend sessions at Yiga Choedzin (temple in Veneux): Saturday & Sunday from 10 am to 6 pm  
-Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10.30 am  
-Upkeep (cleaning and gardening) of the Institutes: from 10 am to 5 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.  
**NB An English translation is only available for teachings!**

**JULY 2025:** Please request Zoom connection codes the day before at the latest.

Tues 1	<b>At home</b>	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
Thurs 3	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sun 6, 13, 20, 27	<b>Veneux/ At home</b>	10.30 am (9.30 am on Sunday 20 <sup>th</sup> ): <b>Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i></b>
Sat 19	<b>Veneux/ At home</b>	<b>Info: Lamrim meditation day</b> – see retreat calendar
Sat 19–Sun 20	<b>Veneux/ At home</b>	Saturday at 5 pm and Sunday at 11am: <b>Teaching given by Venerable Dagpo Rinpoche on the Kongpo lamrim</b> (translated and webcast)
Monday 28	<b>Info</b>	<b>Chökor Düchen</b>

**AUGUST 2025:** Please request Zoom connection codes the day before at the latest.

Sun 3, 10, 17, 24	<b>Veneux/ At home</b>	10.30 am (9.30 am on Sunday 24 <sup>th</sup> ): <b>Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i></b>
Thurs 7, 14, 21, 28	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sat 23	<b>Veneux/ At home</b>	<b>Info: Lamrim meditation day</b> – see retreat calendar
Sat 23–Sun 24	<b>Veneux/ At home</b>	<b>Teaching given by Venerable Dagpo Rinpoche on the Kongpo lamrim</b> (translated and webcast). Schedule TBD

Sunday 31	Veneux/ At home	<b>35 Confession Buddhas purification practice</b>
<b>SEPTEMBER 2025:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Thurs 4, 11, 18, 25	At home	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sun 7, 21, 28	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Sat 13–Sun 14	Veneux/ At home	<b>Weekend session with study programme</b> (see details p. 4).
Sat 27	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Tues 30	At home	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
<b>OCTOBER 2025:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Sun 5, 19, 26	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 7, 21	At home	Zoom, 7–8.30 pm: <b>“Discover the Buddha’s teaching”</b>
Thurs 9, 16, 23, 30	At home	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sat 11–Sun 12	Veneux/ At home	<b>Weekend session with study programme</b> (see details p. 4). Further details to come.
Tues 14, 28	At home	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
Sat 25	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
<b>NOVEMBER 2025:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Sun 2, 16, 23, 30	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 4, 18	At home	Zoom, 7–8.30 pm: <b>“Discover the Buddha’s teaching”</b>
Thurs 6, 13, 20, 27	At home	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sat 8–Sun 9	Veneux/ At home	<b>1000 offerings to Arya Tara ritual</b>
Tues 11	<i>Info</i>	<b>Lhabab Düchen</b>
Sat 22	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Tues 25	At home	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
<b>DECEMBER 2025:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Tues 2, 16	At home	Zoom, 7–8.30 pm: <b>“Discover the Buddha’s teaching”</b>
Thurs 4, 11, 18	At home	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sat 6	Veneux	<b>Christmas sale</b>
Sun 7, 21, 28	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 9, 23, 30	At home	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>

Sat 13–Sun 14	Veneux/ At home	<b>Weekend session with study programme</b> (see details p. 4) and <b>celebration of Ganden Ngamchö</b> on Sunday afternoon. Further details to come
Sat 27	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
<b>JANUARY 2026:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Sun 4, 18, 25	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 6, 20	At home	Zoom, 7–8.30 pm: <b>“Discover the Buddha’s teaching”</b>
Thurs 8, 15, 22, 29	At home	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sat 10–Sun 11	Veneux/ At home	<b>Weekend session with study programme</b> (see details p. 4). Further details to come.
Tues 13, 27	At home	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
Sat 24	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar

*The activities of the associations founded by Venerable Dagpo Rinpoche*

*The Congregation, Ganden Ling Institute, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.*

*The Buddhist Institute of the Lamrim is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Düchen.*

*The Guépèle Institute is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.*

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